

# Protect the Women's Health Care Safety Net in 2019

Ensure Patients Have Access to Primary and Preventive Services at Community Health Centers

Texas community health centers (also known as federally qualified health centers, FQHCs, or health centers) provide high-quality, affordable, primary and preventive health care services to people who otherwise may lack access to medical care due to where they live, lack of insurance, language barriers, income level or their complex health care needs. Community health centers reach low-income and medically underserved communities and serve patients regardless of insurance status or ability to pay. They also provide enabling services like health education, transportation and case management. **All health centers in Texas provide women's health care services.**

## Texas Health Centers Quick Facts

1,426,019 million patients served annually  
5,309,690 patient visits annually  
73 FQHCs and 2 FQHC Look-Alikes in 2017<sup>1</sup>  
Over 500 service delivery sites  
Located in 126 counties across Texas

<sup>1</sup> FQHC Look-Alikes are centers that meet all the FQHC designation requirements but do not receive federal funding.

## FQHCs and Medicaid: A Winning Health Care Model

Since its inception, Medicaid has been financed jointly by the federal and state governments. It is an open-ended funding model—there are no caps on the federal government's financial obligations; federal funding is guaranteed as a share.

- The federal government covers **58%** of Texas's allowable expenses in Medicaid in the current biennium, and expected to grow for the coming biennium.
- Texas FQHCs serve **400,336** Medicaid patients—**28%** of all FQHC patients.

## FQHCs: Caring for Texas's Women

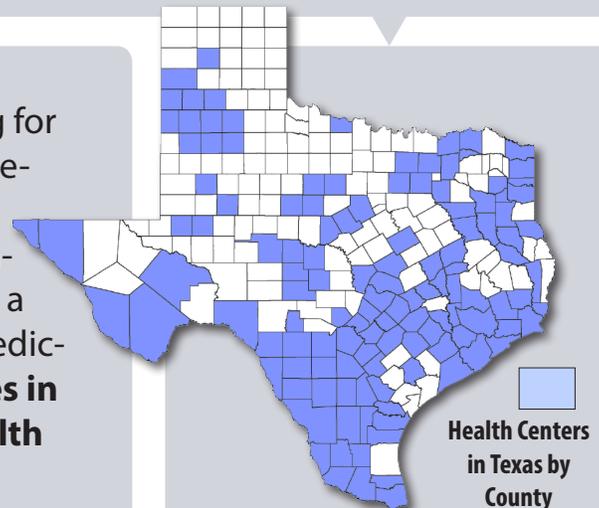
Health centers serve as a foundation for women's health.  
Any cut in Medicaid affects our capacity to care for Texas's women.

**60%** of health center patients are female

**855,763** — number of female patients cared for in 2017



Although current base budgets reflect level funding for Medicaid, Texas providers need consistent reimbursement rates that keep pace with rising costs of delivering care. Health centers do not have the infrastructure to serve all Medicaid enrollees and rely on a robust provider network to serve the 4 million in Medicaid and 400,000 children in CHIP. **Support increases in Medicaid funding that keep pace with rising health care costs in addition to growing caseloads.**



Texas Association of Community Health Centers

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# Women's Health Programs

## Women's Healthcare at Health Centers:

Community health centers are critical partners in serving the millions of uninsured and underinsured women in Texas – providing services through Medicaid, the Family Planning Program (FPP) and Healthy Texas Women (HTW). In FY17 Texas FQHCs served 48,718<sup>1</sup> clients through the FPP and 37,095<sup>2</sup> women through HTW.

Health centers also provide women's health services to hundreds of thousands of uninsured and sliding fee patients every year.



Women's Health Services at FQHC – 2017 # Patients who received...	
A mammogram	32,716
A pap test	123,187
Contraceptive management	90,542

### Capacity Building Funding in HTW

Fourteen health centers currently receive capacity building funding through HTW. Health centers primarily use these funds for community and client outreach, client enrollment, and contraceptive counseling. This funding allows centers to hire staff for outreach, enrollment, and patient education, freeing physicians and advanced practice nurses to focus on medical care delivery. Loss of this funding would require centers to absorb these salaries or cut staff resulting in a reduction in patient outreach and education possibly reducing the number of patients served through HTW.

<sup>1</sup>Texas Health and Human Services Commission, FPP Data 2016-18, October 2018

<sup>2</sup>Texas Health and Human Services Commission, HTW Data FY 2016-18, October 2018

## About Family Planning Program

### Client Eligibility for FPP:

- Women and Men
- 250% of the Federal Poverty Level (FPL)
- Texas residents
- Not be eligible for any similar program, including HTW
- Eligibility is determined at the point of service by family planning contractors

### Covered FPP Services:

- Well woman visit
- Contraceptive services
- Breast and cervical cancer screening
- Screening for hypertension, diabetes, cholesterol
- STD screening and treatment
- Sterilizations
- Immunizations
- Prenatal Services

## About Healthy Texas Women

### Client Eligibility for HTW:

- Women ages 15-44
- 15-17 can participate with parental consent
- Must fall below 200% Federal Poverty Level
- Citizen/Eligible Immigrant
- Not pregnant
- Client eligibility is determined by HHSC
- Apply online or paper application
- Fee-For-Service (with a few contracts)

### Covered HTW Services:

- Well-woman visits
- Contraceptive services
- Breast and Cervical Cancer Screenings and diagnostic services, Cervical Dysplasia treatment
- Sterilizations
- Screening, limited treatment for: Hypertension, diabetes, cholesterol, postpartum depression
- STD screenings and treatment
- Immunizations

